

ADVENTURE TEEN TRAVEL CAMPER and PRE-CIT
Entering 8th, 9th

CLOTHING AND ITEM LIST FOR TRIP

Good raingear -no rubber, it holds in the heat.

Sleeping bag

Sleeping pad

Water bottles (Nalgene is best)

Headlamp/flashlight or both

Bandanas

Wool/smart wool/non-cotton socks

Sun hat/baseball hat (mandatory!)

Warm hat and gloves

Long-Sleeve shirt (non-cotton, lightweight)

Sunscreen

Light throw blanket, such as fleece (for on the bus)

Bug repellent: Extreme deet not necessary, unless you are very sensitive to bites)

1 pair long underwear (non-cotton)

Sunglasses

Reading material (for the bus)

Daypack- a normal backpack is fine

Disposable camera(s) **mark them with your name!**

*Although hiking boots are not required, make sure you bring comfortable, supportive shoes for lots of walking and mild hiking.

Please read carefully: Remember, you need to pack one duffel bag with these items and *some* items of regular clothing from the camper clothing list. Your second duffel bag should contain clothing, bedding, towels and items needed for when you return to camp. *Please don't worry about getting it perfect as we help the campers fine-tune their packing before we leave on the trip.*

You may have questions! Just call or email us.